



# FEBRUARY 2019 MENU



## MONDAY 4th - FRIDAY 8th

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Plain Pasta & Pasta with Tomato Sauce Rice with Saffron Meatballs, Cooked Ham Potatoes, Fennels, Broccoli Fresh seasonal fruit, Yoghurt	Plain Pasta & Pasta with Tomato Sauce Cous Cous with Chicken and Vegetables (I.F.) Funny Fish, Philadelphia Cheese Potatoes, Tomatoes, Green Peas Fresh seasonal fruit	Plain Pasta & Pasta with Tomato Sauce Bucatini with Amatriciana Scrambled Eggs, Slices of Turkey Potatoes, Rocket, Chickpeas Fresh seasonal fruit	Plain Pasta & Pasta with Tomato Sauce Fettucine with Mushrooms and Sausages Roasted Turkey, Beef Stew Potatoes, Red Turnip, Savoy Cabbage Fresh seasonal fruit	Plain Pasta & Pasta with Tomato Sauce Spaghetti with Tomato Sauce Crunchy Fish, Tuna Fish Potatoes, Sweetcorn, Spinach Fresh seasonal fruit

## MONDAY 11th - FRIDAY 15th

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Plain Pasta & Pasta with Tomato Sauce Pasta with Broccoli Omelette, Ricotta Cheese Potatoes, Rocket, Lentils Fresh seasonal fruit, Dessert	Plain Pasta & Pasta with Tomato Sauce Paella (I.F.) Crunchy Fish, Cooked Ham Potatoes, Tomatoes, Green Peas Fresh seasonal fruit	Plain Pasta & Pasta with Tomato Sauce Rice with Curry Beef Meatballs, Slices of Turkey Potatoes, Red Turnip, Cooked Carrots Fresh seasonal fruit	Plain Pasta & Pasta with Tomato Sauce Rice with Ragout Roasted Turkey, Mozzarella Cheese Potatoes, Rocket, Spinach Fresh seasonal fruit	Plain Pasta & Pasta with Tomato Sauce Pasta with Carbonara Funny Fish, Chickpeas Potatoes, Sweetcorn, Broccoli Fresh seasonal fruit

## MONDAY 18th - FRIDAY 22nd

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Plain Pasta & Pasta with Tomato Sauce Vegetable Soup Meatballs, Slices of Turkey Potatoes, Tomatoes, Spinach Fresh seasonal fruit, Yoghurt	Plain Pasta & Pasta with Tomato Sauce Cantonese Rice (I.F.) Funny Fish, Cooked Ham Potatoes, Rocket, Green Peas Fresh seasonal fruit	Plain Pasta & Pasta with Tomato Sauce Rice with Pumpkin Scrambled Eggs, Mozzarella Cheese Potatoes, Red Turnip, Beans Fresh seasonal fruit	Plain Pasta & Pasta with Tomato Sauce Fettucine with Tomato Sauce Roast Beef, Beef Stew Potatoes, Rocket, Broccoli Fresh seasonal fruit	Plain Pasta & Pasta with Tomato Sauce Pasta with Tuna Fishballs, Ricotta Soft Cheese Potatoes, Sweetcorn, Cooked Carrots Fresh seasonal fruit

## MONDAY 25th - FRIDAY 1st

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HALF-TERM Holiday	HALF-TERM Holiday	HALF-TERM Holiday	HALF-TERM Holiday	HALF-TERM Holiday

### PLEASE NOTE:

- ALL PRODUCE IS ORGANIC OR OF THE HIGHEST QUALITY.
- SALAD AND CARROTS ARE AVAILABLE EVERY DAY.
- GRATED PARMESAN AND BREAD ARE AVAILABLE EVERY DAY.
- THERE MAY BE SLIGHT CHANGES TO THE DAILY MENUS IF FRESH INGREDIENTS ARE UNAVAILABLE.
- AN ALTERNATIVE IS PROVIDED EVERY DAY FOR ALL STUDENTS THAT DO NOT EAT PORK.

\* International Food